

HAPPINESS IS

...TALKING ABOUT BOOKS  
WITH FRIENDS



A LIST OF THE BEST OF THE BEST IN BOOKS THAT SUPPORT  
SOCIAL EMOTIONAL LEARNING

COMPILED BY STEPH & MARY,  
*the librarian bookends*



# We Are All Connected (even when bad things happen)

## TITLE/AUTHOR

**Outside, Inside** by LeUyen Pham

**The Breaking News** by Sarah Lynne Reul

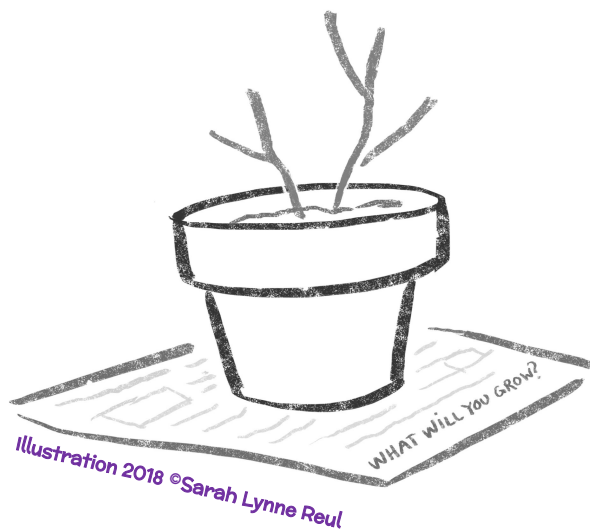
**Come with Me** by Holly M. McGhee & Pascal Lemaître

**Most People** by Michael Leannah & Jennifer E. Morris

**Here We Are** by Oliver Jeffers

**Marvelous Cornelius** by Phil Bildner & John Parra

**Love** by Matt de la Peña & Loren Long



# Courage

## TITLE/AUTHOR

**The Bear Must Go On** by Dev Petty & Brandon Todd

**A Little Bit Brave** by Nicola Kinnear

**Gustavo, the Shy Ghost** by Flavia Z. Drago

**Fly!** By Mark Teague

**Jabari Jumps** by Gaia Cornwall

**Truman** by Jean Reidy & Lucy Ruth Cummins

**Just in Case You Want to Fly** by Julie Fogliano & Christian Robinson

**Maddi's Fridge** by Lois Brandt & Vin Vogel

**When You Are Brave** by Pat Zietlow-Miller & Eliza Wheeler

# Kindness

Illustration 2020 © LeUyen Pham



## Guilt, Forgiveness, Jealousy, & Apologies

### TITLE/AUTHOR

**Love is Powerful** by Heather Dean Brewer & LeUyen Pham

**A Beautiful Day in the Neighborhood** by Fred Rogers & Luke Flowers

**Zero Local; Next Stop: Kindness** by Ethan Murrow & Vita Murrow

**The Someone New** by Jill Twiss & E.G. Keller

**Share Some Kindness, Bring Some Light** by Apryl Stott

**Each Kindness** by Jacqueline Woodson & E.B. Lewis

**Be Kind** by Pat Zietlow-Miller & Jen Hill

**The Cool Bean** by Jory John & Pete Oswald

**I Walk with Vanessa** by Kerascoët

**Finding Kindness** by Deborah Underwood & Irene Chan

**The Power of One** by Trudy Ludwig

**Little Things: A Story About Acts of Kindness** by Christian Trimmer

**Lala's Words: A Story of Planting Kindness** by Gracey Zhang

### TITLE/AUTHOR

**Accident!** by Andrea Tsurumi

**The Bear and the Moon** by Matthew Burgess & Cátia Chien

**Sorry (Really Sorry)** by Joanna Cotler & Harry Bliss

**Way Past Jealous** by Hallee Adelman & Karen Wall

**How to Apologize** by David LaRochelle & Mike Wohnoutka

## Life is What You Make It

### TITLE/AUTHOR

**Ping** by Ani Castillo

**That's Life!** by Ame Dyckman & Cori Doerrfeld



## Gratitude (& the power we have to make others happy)

TITLE/AUTHOR
<b>Sincerely, Emerson: A Girl, Her Letter, and the Helpers All Around Us</b> by Emerson Weber & Jaclyn Sinquett
<b>The Thank You Letter</b> by Jane Cabrera
<b>The Love Letter</b> by Anika Aldamuy Denise & Lucy Ruth Cummins
<b>Because Amelia Smiled</b> by David Ezra Stein
<b>Swashby and the Sea</b> by Beth Ferry & Juana Martinez-Neal
<b>Ordinary Mary's Extraordinary Deed</b> by Emily Pearson & Fumi Kosaka
<b>What Grew in Larry's Garden</b> by Laura Alary & Kass Reich

## Managing Anger & Compromise

TITLE/AUTHOR
<b>Way Past Mad</b> by Hallee Adelman & Karen Wall
<b>Ravi's Roar</b> by Tom Percival

## Anxiety / Worries

TITLE/AUTHOR
<b>First Day Critter Jitters</b> by Jory John & Liz Climo
<b>Ruby Finds a Worry</b> by Tom Percival
<b>Don't Worry, Little Crab</b> by Chris Haughton
<b>I'm Worried</b> by Michael Ian Black & Debbie Ridpath Ohi
<b>There Might be Lobsters</b> by Carolyn Crimi & Laurel Molk
<b>Way Past Worried</b> by Hallee Adelman & Karen Wall
<b>After the Fall</b> by Dan Santat
<b>Me and My Fear</b> by Francesca Sanna
<b>The Don't Worry Book</b> by Todd Parr
<b>Wilma Jean the Worry Machine</b> by Julia Cook & Anita DuFalla
<b>The Alpactory: Ready, Pack, Go!</b> by Ruth Chan
<b>El Cucuy Is Scared, Too!</b> by Donna Barba Higuera & Juliana Perdomo
<b>Just Be Jelly</b> by Maddie Frost
<b>What If, Pig?</b> by Linzie Hunter

# Celebrating Individuality

TITLE/AUTHOR
<b>Sulwe</b> by Lupita Nyong'o & Vashti Harrison
<b>The Proudest Blue</b> by Ibtihaj Muhammad, S.K. Ali, & Hatem Aly
<b>Be You!</b> by Peter H. Reynolds
<b>All the Ways to Be Smart</b> by Davina Bell & Allison Colpoys
<b>Where Oliver Fits</b> by Cale Atkinson
<b>Just Ask!</b> by Sonia Sotomayor & Rafael López
<b>Maybe</b> by Kobi Yamada & Gabriella Barouch
<b>Can I Give You a Squish?</b> by Emily Neilson
<b>Your Name is a Song</b> by Jamilah Thompkins-Bigelow & Luisa Uribe
<b>A Normal Pig</b> by K-Fai Steele
<b>Sweetie</b> by Andrea Zuill
<b>Perfectly Norman</b> by Tom Percival
<b>The Day You Begin</b> by Jacqueline Woodson & Rafael López
<b>You Are Enough: A Book about Inclusion</b> by Margaret O'Hair & Sofia Cardoso

# Inclusion & Acceptance

TITLE/AUTHOR
<b>The Big Umbrella</b> by Amy June Bates & Juniper Bates
<b>That Monster on the Block</b> by Sue Ganz-Schmitt & Luke Flowers
<b>I Will Dance</b> by Nancy Bo Flood & Julianna Swaney
<b>Strictly No Elephants</b> by Lisa Mantchev & Taeun Yoo
<b>The New Neighbors</b> by Sarah McIntyre
<b>Zero / One / Two</b> by Kathryn Otoshi
<b>The Welcome Wagon</b> by Cori Doerrfeld
<b>All Are Welcome</b> by Alexandra Penfold & Suzanne Kaufman
<b>The Invisible Boy</b> by Trudy Ludwig
<b>Fred Gets Dressed</b> by Peter Brown
<b>Ogilvy</b> by Deborah Underwood



Illustration 2019 © Andrea Zuill



## Teamwork

### TITLE/AUTHOR

**Chicks Rock!** by Sudipta Bardhan-Quallen & Renée Kurilla

**The Perfect Plan** by Leah Gilbert

## Empathy & Compassion

### TITLE/AUTHOR

**I am Love: A Book of Compassion & I am Human: A Book of Empathy** by Susan Verde & Peter H. Reynolds

**Maybe Tomorrow** by Charlotte Agell & Ana Ramírez González

**The Rabbit Listened** by Cori Doerrfeld

**An Ordinary Day** by Elana K. Arnold & Elizabet Vukovic

**Those Shoes** by Maribeth Boelts & Noah Z. Jones

**A Sled for Gabo** by Emma Otheguy

**Balloons for Papa: A Story of Hope and Empathy** by Elizabeth Gilbert Bedia

**The Cot in the Living Room** by Hilda Eunice Burgos & Gaby D'Alessandro

## Mindfulness & Wonder

### TITLE/AUTHOR

**The Boy Who Spoke to the Earth** by Chris Burkard & David McClellan

**Hurry Up!: A Book About Slowing Down** by Kate Dopirak & Christopher Silas Neal

**Here and Now** by Julia Denos & E.B. Goodale

**Ten Ways to Hear Snow** by Cathy Camper & Kenard Pak

**Happy Right Now** by Julie Berry & Holly Hatam

**Peaceful like a Panda** by Kira Willey & Anni Betts

**Mop Rides the Wave of Life** by Jaimal Yogis & Matthew Allen

**Listen** by Gabi Snyder & Stephanie Graegin

**Wonder Walkers** by Micha Archer

**Look, it's Raining** by Mathieu Pierloot & Maria Dek

**Alphabreaths: The ABCs of Mindful Breathing** by Christopher Willard & Daniel Rechtschaffen

**Have You Ever Seen a Flower?** by Shawn Harris

# Tenacity & Perseverance

## TITLE/AUTHOR

**Undefeated** by Kwame Alexander & Kadir Nelson

**What Do You Do With A Problem?** by Kobi Yamada & Mae Besom

**Like a Girl** by Lori Degman & Mara Penny

**Peggy: A Brave Chicken on a Big Adventure** by Anna Walker

**Parker Looks Up** by Parker Curry, Jessica Curry, & Brittany Jackson

**Magic Ramen** by Andrea Wang & Kana Urbanowicz

**I Will Be Fierce!** by Bea Birdsong & Nidhi Chanani

**Jabari Tries** by Gaia Cornwall

**Fauja Singh Keeps Going: The True Story of the Oldest Person to Ever Run a Marathon** by Simrat Jeet Singh & Baljinder Kaur

**The Oldest Student** by Rita Lorraine Hubbard & Oge Mora

**Bread for Words: A Frederick Douglass Story** by Shana Keller & Kayla Stark

**How to Solve a Problem: The Rise (and Falls) of a Rock-Climbing Champion** by Ashima Shiraishi

# Building Community

## TITLE/AUTHOR

**Last Stop on Market Street** by Matt de la Peña & Christian Robinson

**The One Day House** by Julia Durango & Bianca Diaz

**Thank You, Omu!** by Oge Mora

**Maybe Something Beautiful** by F. Isabel Campoy, Theresa Howell, & Rafael López

**What Grew in Larry's Garden** by Laura Alary & Kass Reich

**Milo Imagines the World** by Matt de la Peña & Christian Robinson

**The Big Umbrella** by Amy June Bates

**What's Cooking at 10 Garden Street?** by Felicita Sala

**Our Little Kitchen** by Jillian Tamaki





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## *Celebrating Mistakes & The Power of Possibility*

### TITLE/AUTHOR

**The Book of Mistakes** by Corinna Luyken

**The Magical Yet** by Angela DiTerlizzi & Lorena Álvarez

**The Girl Who Never Made Mistakes** by Mark Pett & Gary Rubinstein

**The Most Magnificent Thing** by Ashley Spires

**The Little Butterfly That Could** by Ross Burach

**Wood, Wire, Wings: Emma Lilian Todd Invents an Airplane** by Kirsten W. Larson & Tracy Subisak

**A Whale of a Mistake** by Ioana Hobai

## *Kindness Towards the Earth; Recycling; the Water Cycle*

### TITLE/AUTHOR

**Dear Earth... From Your Friends in Room 5** by Erin Dealey & Luisa Uribe

**Greta and the Giants** by Zoë Tucker & Zoe Persico

**We are Water Protectors** by Carole Lindstrom & Michaela Goade

**My Friend Earth** by Patricia MacLachlan & Francesca Sanna

**One Little Bag: An Amazing Journey** by Henry Cole

**Maggie's Treasure** by Jon-Erik Lappano & Kellen Hatanaka

**Zonia's Rain Forest** by Juana Martinez-Neal

**Be a Tree!** by Maria Gianferrari & Felicita Sala

**The Last Straw: Kids vs. Plastics** by Susan Hood & Christiane Engel

**The Mess That We Made!** by Michelle Lord & Julia Blattman

**Blue Floats Away** by Travis Jonker & Grant Snider





# Integrity & Empowerment

## TITLE/AUTHOR

**I Promise** by LeBron James & Nina Mata

**All Because You Matter** by Tami Charles & Bryan Collier

**Speak Up!** by Miranda Paul & Ebony Glenn

**A Boy Like You / A Girl Like You** by Frank Murphy, Carla Murphy, & Kayla Harren

**Eyes that Kiss in Corners** by Joanna Ho & Dung Ho

**A Bike Like Sergio's** by Maribeth Boelts & Noah Z. Jones

**I am Every Good Thing** by Derrick Barnes & Gordon C. James

**I am the Storm** by Jane Yolen, Heidi E.Y. Stemple, Kristen Howdeshell, & Kevin Howdeshell

**You Matter** by Christian Robinson

**Carl and the Meaning of Life** by Deborah Freedman

**Be You! & Say Something!** by Peter H. Reynolds

**Super Manny Stands Up!** by Kelly DiPucchio & Stephanie Graegin



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# Transitions & Change

## TITLE/AUTHOR

**Goodbye, Friend! Hello, Friend!** by Cori Doerrfeld

**The Many Colors Harpreet Singh** by Supriya Kelkar & Alea Marley

**In a Jar** by Deborah Marcero

**Lubna & Pebble** by Wendy Meddour & Daniel Egneus

**Rain Before Rainbows** by Smriti Prasad-Halls & David Litchfield



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## Grief & Loss

### TITLE/AUTHOR

**Bear Island** by Matthew Cordell

**Always Remember** by Cece Meng & Jago

**The End of Something Wonderful: A Practical Guide to a Backyard Funeral** by Stephanie V.W. Lucianovic & George Ermos

**Love from Alfie McPoonst: The Best Dog Ever** by Dawn McNiff & Patricia Metola

**When Grandfather Flew** by Patricia MacLachlan & Chris Sheban

**Many Shapes of Clay: A Story of Healing** by Kenesha Sneed

**You'll Find Me** by Amanda Rawson Hill & Joanne Lew-Vriethoff

## Sadness & Loneliness

### TITLE/AUTHOR

**Michael Rosen's Sad Book** by Michael Rosen & Quentin Blake

**I'm Sad** by Michael Ian Black & Debbie Ridpath Ohi

**When Sadness is at Your Door** by Eva Eland

**The Remember Balloons** by Jessie Oliveros & Dana Wulfekotte

**Why Do We Cry?** by Fran Pintadera

**Way Past Sad** by Hallee Adelman & Karen Wall

**A Shelter for Sadness** by Anne Booth & David Litchfield

**Jenny Mei is Sad** by Tracy Subisak

## Mixed Feelings

### TITLE/AUTHOR

**I'm Happy-Sad Today: Making Sense of Mixed-Together Feelings** by Lory Britain & Matthew Rivera

**I Feel...** by DJ Corchin



# Patience

## TITLE/AUTHOR

**Almost Time** by Gary D. Schmidt, Elizabeth Stickney, & G. Brian Karas

**This Way, Charlie** by Caron Levis & Charles Santoso



# Hope & Resilience

## TITLE/AUTHOR

**Rain Before Rainbows** by Smriti Prasad-Halls & David Litchfield

**That's Life!** by Ame Dyckman & Cori Doerrfeld

**Ten Beautiful Things** by Molly Beth Griffin

**The Rough Patch** by Brian Lies

# Perspective

## TITLE/AUTHOR

**Sunny Day** by Joe Raposo & more!

**Old Rock (is not Boring)** by Deb Pilutti

**A Stone Sat Still & They All Saw a Cat** by Brendan Wenzel

**Drawn Together** by Minh Lê & Dan Santat

**Another** by Christian Robinson

**Imagine a Wolf** by Lucky Platt

**Dessert Island** by Ben Zhu

**My First Day** by Phùng Nguyễn Quang & Huỳnh Kim Liên

**I Wish You Knew** by Jackie Azúa Kramer

**Turtle in a Tree** by Neesha Hudson

**Chicken Little and the Big Bad Wolf** by Sam Wedelich



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